

## **WHAT TO EXPECT FROM AN IRON INFUSION**

Iron infusion is a procedure in which iron is delivered to your body intravenously, meaning into a vein through a needle. This method of delivering medication or supplementation is also known as an intravenous (IV) infusion.

Iron infusions are usually prescribed by doctors to treat iron deficiency anemia. Iron deficiency anemia is typically treated with dietary changes and iron supplements that you take in pill form. In some cases, though, doctors may recommend iron infusions instead.

## **HOW TO PREPARE FOR AN IRON INFUSION?**

Your doctor will give you specific instructions when preparing for your first iron infusion treatment. You may feel nervous about the treatment, help reduce any anxieties by talking about the procedure with one of our doctors first so they can make you more comfortable.

## **WHAT HAPPENS DURING AN IRON INFUSION?**

An iron infusion can take up to an hour. In some cases, the infusion may take a little longer, depending on the level of treatment your doctor thinks you need. The slow infusion rate helps prevent complications.

## **WHAT ARE THE SIDE EFFECTS FOR AN IRON INFUSION?**

You may have some side effects after the procedure, such as:

- headaches
- nausea and vomiting
- muscle and joint pain
- shortness of breath
- Itchiness and rash
- staining of the skin
- burning sensation or swelling at the site of the injection

## **IRON INFUSION PROCEDURE COSTS**

|             |   |                                     |
|-------------|---|-------------------------------------|
| Private     | - | \$250.00 – Medicare Rebate: \$87.10 |
| Student/HCC | - | \$175.00 – Medicare Rebate: \$87.10 |
| Pensioners  | - | \$145.00 – Medicare Rebate: \$87.10 |